

A Message to Our Members **2020 NCMS President – Koroush Khalighi, MD, FACC**

I am honored and humbled to serve as the 155th president of the Northampton Medical Society. It is a privilege to serve in this capacity and I hope to be able to follow the legacy of our previous presidents.

I would like to acknowledge all those who have contributed to my medical career and my involvement at the Northampton medical Society.

I have much gratitude for my partners in practice for about 25 years, and the great Northampton County Medical Society staff & Board Members, and all my physician colleagues.

I believe like our past presidents that leadership means, to be an effective teacher, a compassionate healer with kindness and empathy, who practices with the utmost professionalism in serving humanity. I endeavor to provide and improve health and medical care for all of our patients. I also push for the education of our young physician students and residents.

The Medical Society needs to work very closely with our local and state legislative leaders to bring awareness about our grass roots concerns that both independent and employed physicians are facing today, such as pre authorizations from health insurance companies to receive appropriate medical treatments and medications.

As the medical field changes we need to adapt and learn new techniques to better help our patients.

For many of us the reason we become a doctor is to build & nurture our doctor-patient relationships. We need to find a balance between providing excellent health care and the modern use of digitized Medicine that is not only upon us, but increasingly expected to return better patient outcomes. This increasingly complicated and time consuming process has resulted in more and more physicians suffering from burn out, which is seen not only among residents and fellows but also among well-experienced physicians. Only when we physicians are supported and feel fulfilled in our work, can we do our best in providing high-quality care for our patients. Maintaining meaningful physician patient relationships will be our challenge, preserving perhaps the most essential part of our legacy as physicians and healers.

The Northampton Medical Society has a long commitment in helping doctors help patients. I believe in the power of organized medicine. Together we can accomplish so much more, and we will address many of the issues that face physicians today, but we should passionately prepare for how we all will be practicing medicine tomorrow, and defining the future of health care delivery. Without a doubt, that future is now in front of us.

Thank you for the opportunity and honor to serve you.

NCMS 2020 President – Koroush Khalighi, MD, FACC



Although ill health is one of the unavoidable conditions of man, truly it is hard to bear. The bounty of good health is the greatest of all gifts.

("Selections from the Writings of 'Abdu'l-Bahá", sec. 132, p. 151)